



September 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1 Church of Truth Inc 9:00 AM <i>This is a community partnership, not a STLEC program.</i>	2 LABOR DAY CLOSED	3 <u>Co-Occurring Group</u> 11:00 AM <u>Peer Support Group</u> 1:00 PM	4 <u>Wellness Group</u> 11:00 AM <u>Opiate/Substance Use Support Group</u> 1:00 PM	5 <u>Peer Support Group</u> 11:00 AM <u>Games/Activities</u> 1:00 PM <u>Family & Friends Opioid Support</u> 5:30PM - UCITY LIBRARY	6 <u>Community Meeting</u> 11:00 AM <u>Anger Management</u> 12:30 PM	7
8 Church of Truth Inc 9:00 AM <i>This is a community partnership, not a STLEC program.</i>	9 <u>Recovery Group</u> 11:00 AM <u>Art Group</u> 1:00 PM <u>Building Healthy Relationships</u> 3:30 PM - OFFSITE	10 <u>Co-Occurring Group</u> 11:00 AM <u>Peer Support Group</u> 1:00 PM	11 <u>Wellness Group</u> 11:00 AM <u>Opiate/Substance Use Support Group</u> 1:00 PM	12 <u>Peer Support Group</u> 11:00 AM <u>Games/Activities</u> 1:00 PM <u>Family & Friends Opioid Support</u> 5:30PM - UCITY LIBRARY	13 <u>Community Meeting</u> 11:00 AM <u>Anger Management</u> 12:30 PM	14
15 Church of Truth Inc 9:00 AM <i>This is a community partnership, not a STLEC program.</i>	16 <u>Recovery Group</u> 11:00 AM <u>Art Group</u> 1:00 PM <u>Building Healthy Relationships</u> 3:30 PM - OFFSITE	17 <u>Co-Occurring Group</u> 11:00 AM <u>Peer Support Group</u> 1:00 PM	18 <u>Wellness Group</u> 11:00 AM <u>Opiate/Substance Use Support Group</u> 1:00 PM	19 <u>Peer Support Group</u> 11:00 AM <u>Games/Activities</u> 1:00 PM <u>Family & Friends Opioid Support</u> 5:30PM - UCITY LIBRARY	20 <u>Community Meeting</u> 11:00 AM <u>Anger Management</u> 12:30 PM	21
22 Church of Truth Inc 9:00 AM <i>This is a community partnership, not a STLEC program.</i>	23 <u>Recovery Group</u> 11:00 AM <u>Art Group</u> 1:00 PM <u>Building Healthy Relationships</u> 3:30 PM - OFFSITE	24 <u>Co-Occurring Group</u> 11:00 AM <u>Peer Support Group</u> 1:00 PM	25 <u>Wellness Group</u> 11:00 AM <u>Opiate/Substance Use Support Group</u> 1:00 PM	26 <u>Peer Support Group</u> 11:00 AM <u>Games/Activities</u> 1:00 PM <u>Family & Friends Opioid Support</u> 5:30PM - UCITY LIBRARY	27 <u>Community Meeting</u> 11:00 AM <u>Anger Management</u> 12:30 PM	28 <u>Self-Love Group</u> 10:00am <u>Opioid Overdose Education & Naloxone Distribution Training</u> 11:00 AM
29 Church of Truth Inc 9:00 AM <i>This is a community partnership, not a STLEC program.</i>	30 <u>Recovery Group</u> 11:00 AM <u>Art Group</u> 1:00 PM <u>Building Healthy Relationships</u> 3:30 PM - OFFSITE				UCITY LIBRARY <u>Family & Friends Opioid Support</u> - for adult supporters & family of those with substance/opiate use disorder 6701 Delmar Blvd	OFFSITE MON <u>Building Healthy Relationships</u> - open to all (18+) - SUD/ODU* focus - located offsite at Mission: St. Louis 3108 North Grand

Hours of operation:
 9:00 AM - 3:00 PM
 Seven days a week

St. Louis Empowerment Center

Opening doors to recovery every day

Phone: 314-652-6100
 Fax: 314-652-6103
dbsaempowerment.org

*SUD: substance use disorder
 *ODU: opioid use disorder