



# June 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>UCITY LIBRARY GROUP</b></p> <p><b>Family &amp; Friends Opioid Support</b></p> <p>- for adult supporters &amp; family of those who with substance/ opiate use disorder</p> <p>- located at <b>6701 Delmar Blvd.</b></p>	<p><b>OFFSITE MON GROUP</b></p> <p><b>Building Healthy Relationships</b></p> <p>- open to all (18+)</p> <p>- <b>SUD/ OUD*</b> focus</p> <p>- located offsite at <b>Mission: St. Louis 3108 North Grand</b></p>					1
<p>2</p> <p><b>Church of Truth Inc</b></p> <p>9:00 AM</p> <p><i>This is a community partnership, not a STLEC program.</i></p>	<p>3</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Art Group</b></p> <p>1:00 PM</p> <p><b>Building Healthy Relationships</b></p> <p>3:30 PM - <b>OFFSITE</b></p>	<p>4</p> <p><b>Co-Occurring Group</b></p> <p>11:00 AM</p> <p><b>Peer Support Group</b></p> <p>1:00 PM</p>	<p>5</p> <p><b>Wellness Group</b></p> <p>11:00 AM</p> <p><b>Opiate/Substance Use Support Group</b></p> <p>1:00 PM</p>	<p>6</p> <p><b>Peer Support Group</b></p> <p>11:00 AM</p> <p><b>Games/Activities</b></p> <p>1:00 PM</p> <p><b>Family &amp; Friends Opioid Support</b></p> <p>5:30PM - <b>UCITY LIBRARY</b></p>	<p>7</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Anger Management</b></p> <p>12:30 PM</p>	8
<p>9</p> <p><b>Church of Truth Inc</b></p> <p>9:00 AM</p> <p><i>This is a community partnership, not a STLEC program.</i></p>	<p>10</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Art Group</b></p> <p>1:00 PM</p> <p><b>Building Healthy Relationships</b></p> <p>3:30 PM - <b>OFFSITE</b></p>	<p>11</p> <p><b>Co-Occurring Group</b></p> <p>11:00 AM</p> <p><b>Peer Support Group</b></p> <p>1:00 PM</p>	<p>12</p> <p><b>Wellness Group</b></p> <p>11:00 AM</p> <p><b>Opiate/Substance Use Support Group</b></p> <p>1:00 PM</p>	<p>13</p> <p><b>Peer Support Group</b></p> <p>11:00 AM</p> <p><b>Games/Activities</b></p> <p>1:00 PM</p> <p><b>Family &amp; Friends Opioid Support</b></p> <p>5:30PM - <b>UCITY LIBRARY</b></p>	<p>14</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Anger Management</b></p> <p>12:30 PM</p>	15
<p>16</p> <p><b>Church of Truth Inc</b></p> <p>9:00 AM</p> <p><i>This is a community partnership, not a STLEC program.</i></p>	<p>17</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Art Group</b></p> <p>1:00 PM</p> <p><b>Building Healthy Relationships</b></p> <p>3:30 PM - <b>OFFSITE</b></p>	<p>18</p> <p><b>Co-Occurring Group</b></p> <p>11:00 AM</p> <p><b>Peer Support Group</b></p> <p>1:00 PM</p>	<p>19</p> <p><b>Wellness Group</b></p> <p>11:00 AM</p> <p><b>Opiate/Substance Use Support Group</b></p> <p>1:00 PM</p>	<p>20</p> <p><b>Peer Support Group</b></p> <p>11:00 AM</p> <p><b>Games/Activities</b></p> <p>1:00 PM</p> <p><b>Family &amp; Friends Opioid Support</b></p> <p>5:30PM - <b>UCITY LIBRARY</b></p>	<p>21</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Anger Management</b></p> <p>12:30 PM</p>	22
<p>23/30</p> <p><b>Church of Truth Inc</b></p> <p>9:00 AM</p> <p><i>This is a community partnership, not a STLEC program.</i></p>	<p>24</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Art Group</b></p> <p>1:00 PM</p> <p><b>Building Healthy Relationships</b></p> <p>3:30 PM - <b>OFFSITE</b></p>	<p>25</p> <p><b>Co-Occurring Group</b></p> <p>11:00 AM</p> <p><b>Peer Support Group</b></p> <p>1:00 PM</p>	<p>26</p> <p><b>Wellness Group</b></p> <p>11:00 AM</p> <p><b>Opiate/Substance Use Support Group</b></p> <p>1:00 PM</p>	<p>27</p> <p><b>Peer Support Group</b></p> <p>11:00 AM</p> <p><b>Games/Activities</b></p> <p>1:00 PM</p> <p><b>Family &amp; Friends Opioid Support</b></p> <p>5:30PM - <b>UCITY LIBRARY</b></p>	<p>28</p> <p><b>Recovery Group</b></p> <p>11:00 AM</p> <p><b>Anger Management</b></p> <p>12:30 PM</p>	<p>29</p> <p><b>Self-Love Group</b></p> <p>10:00am</p> <p><b>Opioid Overdose Education &amp; Naloxone Distribution Training</b></p> <p>11:00 AM</p>

**Hours of operation:**  
9:00 AM - 3:00 PM  
Seven days a week

**St. Louis Empowerment Center**

*Opening doors to recovery every day*

Phone: 314-652-6100  
Fax: 314-652-6103  
dbsaempowerment.org

\*SUD: substance use disorder  
\*OUD: opioid use disorder